

North End Multi-Service Roundtable
Tuesday, Jan. 7, 2014
Notes (not minutes)

Lisa Roberts (necchalifax@gmail.com) - North End Community Circle. The NECC is a project of the Community Justice Society; it's main focus is on engaging residents in community through potlucks, workshops and community barbecues, in order to mobilize community assets. The next meeting/ workshop is happening Jan. 15 (third Wednesday of each month) from 5 – 7 p.m. at Shambhala School. Lisa will also convene and take notes at a monthly roundtable for service providers, modeled on the long-running roundtable in Spryfield.

Tamsyn Brennan (tamsyn.brenna@veithhouse.ns.ca) – Veith House. Mental Health Yoga program; starting next Tuesday. \$2.50/ class. Need at least seven people in the class. Spread the word (poster attached).

Julian West (mt@ecologyaction.ca) – EAC, Trax program. Educates children and youth on safe active transportation. Works with schools and recreation centres throughout Nova Scotia. Includes bikes, rollerblading, walking.

NOTE: after the meeting, Julian sent along this funding opportunity from Doctors Nova Scotia:
\$10,000 grant

The award recipient will receive a \$10,000 grant for the advancement of health promotion initiatives in their community.

Application deadline

The deadline for applications is **Friday, Jan. 17.**

Eligibility requirements

The following eligibility requirements for the Strive Award are in place:

- Groups affiliated with a district health authority or university aren't eligible.
- Groups that received funding of \$1,000 or more from Doctors Nova Scotia in the past 12 months aren't eligible. (Groups that received funding before Jan. 1, 2013 are eligible.)
- Applicants must be comprised of more than 75 per cent volunteers.
- Work of applicants must align with Doctors Nova Scotia's health promotion priorities: active transportation, healthy eating, mental health and smoking cessation.

Applicants must be willing to work closely with Doctors Nova Scotia to spread awareness of the Strive Award and health promotion in their community.

Matthew McCarthy (mccarhm@halifax.ca) – new branch manager at North Branch Library. The library runs English literacy, ESL, host Humanities 101. Need volunteers for tutors in ELL for newcomers. Currently there's a line-up of waiting people. This Thursday: a women's Rap discussion group.

Ann Duffy – community advocate; does income tax; does reading for illiteracy. Also refers to other agencies.

Winnie Kwak (jankwak@eastlink.ca)– resident, long-time member of the North End Community Circle.

Nicholas Williams (williamm@halifax.ca) – Needham Centre recreation coordinator. Provides recreation programs for ages 3 and up. Starting this Wednesday, from 4 – 4:50 – there’s free skating at Devonshire until March 12. There are helmets and a small bucket of skates for kids.

Jennifer Watts (jennifer.watts@halifax.ca) – councillor for District 8. Public consultations are ongoing: 2nd phase of Transit consultation; and Centre Plan looking at rezoning on the Peninsula. Get on her district email list to receive updates. She also has limited capacity to mail it out. She can also add announcements from organizations. Email her to get on the list or contribute announcements.

Peter Green (petergreen3841@gmail.com)– resident in the North End. Previously involved in many different initiatives.

Lynn MacDonald (lynn.macdonald@hrsb.ca) – school social worker for seven schools. Lynn wants to form a committee to create a North End Opportunities Fund. She previously used the Rainbow Haven Opportunities Fund to send kids with a particular interest to a camp or pay for lessons. That fund disappeared a couple years ago. If interested in working on this, please email her.

Canadian Tire Jumpstart Fund: will pay \$100-200. Note that it’s underused and easy to get. However it doesn’t cover the sort of summer camp (like Big Cove) or ongoing lessons that the Rainbow Haven fund used to cover.

Lorna Crawley (lornaparentresource@live.com) – North End Parent Resource Centre. Have had two students this fall. Creative Exercise. Thursdays at 1:30. Nutrition and cooking program with another student; parenting program in the spring; will do that again on Thursday afternoons. Tuesday we do cooking and crafts; have had some fathers participating. It would be nice to have a positive father role model.

Ben Rodgers (ben@familysos.ca) – Family SOS, new in December, works with youth after-school program; trying to get youth volunteer opportunities. He works mostly with high school students and also some junior high.

Stewart Zaun (stewart@familysos.ca) – program manager with Family SOS; home support programs, positive parenting program ; school-based programs. Family SOS is new to the North End (on Gottingen at Cunard) and wants everyone to be aware of programs. They could host meetings.

Brenda McNutt (bmcnutt@hrsb.ca) – community outreach worker at Joe Howe and Oxford Street School.

Amie Carson (aimee@ecologyaction.ca) – one of four staff in the Food program at EAC; works with partner organizations around cooking and food production; she helps partners build their infrastructure and capacity. She's working with Norman to help start the carrot coop; They also do food policy workshops. They're always looking for partners. Usually they need to have some sort resource.

Tamsyn (tamsyn.brenna@veithhouse.ns.ca) – Veith House is in early stages of both a community kitchen and a community garden. Also of note to other agencies: Veith House offers supervised access program. We do it on a referral basis from Family Court; court is telling Veith House that referrals are backed up. That's a need across HRM. Noreen Richard wrote guidelines for offering the program; training in free once you have a contract with the court.

Usually kids under 14. Third-party observes. Time demands: 18 hrs of supervised access/ family. 1.5 hrs/ week/family.

Devon Bundy (dbundy@hrsb.ca) – outreach worker for School Plus for St. JAM / Highland Park Junior High.

Melodie Skeete (mskeete@phoenixyouth.ca) – social worker with Phoenix Youth; runs youth centre in Mulgrave Park and coordinates youth outreach program throughout HRM. Really glad to see the Roundtable happening. Phoenix is doing first aid training from 10-4 p.m. on Jan 15. There is space for some others to join.

Maureen MacDonald (mmacdonald@navnet.net) – MLA for Needham. Remembers social planning dept that existed under HRM. Gave that up to province in 1995, in exchange for policing. Left to community to figure out how to do collaboration.

Margaret Casey (Margaret.casey@dal.ca) – North End Community Health Centre – now with North End Community Centre Association – group that has put bid in for St. Pat's Alexandra.

Jennifer: \$100 vouchers available at Oval for purchasing skates; HRM is really trying to increase access to recreation; with free gym use and free swim lessons last summer.

Mental Health First Aid – Tamsyn – 12 hour course; free from Capital Health for Dartmouth and Spryfield, not Halifax. Veith House staff sneaking in because staff serve residents from Dartmouth and Spryfield.