

Note from Feb. 4, North End Multi-Service Roundtable at Veith House

Tamsyn Brennan ([tamsyn.brennan@veithhouse.ns.ca](mailto:tamsyn.brennan@veithhouse.ns.ca)) – Veith House.

Natasha Handspiker ([natasha@reboom.ca](mailto:natasha@reboom.ca)) – Northwood. Offers support to seniors living in their homes. Home care. Technology. Community programming. Food programming.

Catherine Macdonald ([reverendcatherinemacdonald@gmail.com](mailto:reverendcatherinemacdonald@gmail.com)) – minister at United Memorial. Free community brunch every month; it's for those who need food and those who need companionship. Feb. 16 at 12 p.m.

Lynn MacDonald ([lynn.macdonald2@hrsb.ns.ca](mailto:lynn.macdonald2@hrsb.ns.ca))- Social Worker with HRSB.

Brenda McNutt ([bmcnutt@hrsb.ca](mailto:bmcnutt@hrsb.ca)) – Schools Plus. Joseph Howe and Oxford St. Connects families to services in the community.

Shelina Gordon ([shelina\\_gordon@yahoo.com](mailto:shelina_gordon@yahoo.com)) – co-chair of the Halifax Community Health Board

Lisa Roberts ([necchalifax@gmail.com](mailto:necchalifax@gmail.com))- North End Community Circle. Shared news of an event coming up Feb. 25 at the Mi'kmaq Native Friendship Centre, for service providers who work with children and youth in challenging contexts.

<http://cycconetwork.org/en/kmb/wisdom-to-action/item/674-event-information#.UvpC93lbTwj>

Jayne Melrose ([gardendoula@gmail.com](mailto:gardendoula@gmail.com))- Common Roots urban farm (old QEII High school site). There are volunteer opportunities opening up for the spring and summer. The host program requires 3-hr commitment, one day a week, from 3- 6 p.m.. The garden will be recruiting 5 hosts for each day and ideally each group of five will be diverse: e.g., a youth, a new Canadian, one awesome gardener, etc. Contact the garden to apply; training will start in March/April.

Ben Rodgers ([ben@familysos.ca](mailto:ben@familysos.ca))- Family SOS. Does after school program. In summer, hoping to do summer kick off/ field day that will be for youth in various programs with various organizations.

Devon Bundy ([dbundy@hrsb.ns.ca](mailto:dbundy@hrsb.ns.ca)) – Schools Plus at Highland Park Junior High and St. Joseph A. McKay.

Shawn Parker ([caring.learning@eastlink.ca](mailto:caring.learning@eastlink.ca)) - works with kids ages 7 – 12 at Mulgrave Park Caring and Learning Centre. Every second Thursday, they bring the community nurse in. Always looking for more fresh ideas.

Art in the Park is a project that will hopefully receive funding from the 4Cs foundation. Already applied through the Placemaking program of HRM. The idea is to work with the community to design a mural to be painted on the retaining walls around the park. The painting day would take place in August during Mulgrave Park Days. Working with artists at Wonder'neath Studio.

Mike Cuvelier ([cuvelier.mike@petroservice.com](mailto:cuvelier.mike@petroservice.com)) – chair of the SAC at SJAM.

Will Hill ([will@ecology.ca](mailto:will@ecology.ca)) – EAC food program. We are involved partnering with community organizations. Not trad'l environmental work.

Nicholas Williams ([williamn@halifax.ca](mailto:williamn@halifax.ca)) – Needham Centre. March break camps; looking at doing partnership with Sea School. Skillbuilding during March Break– went to Maritime Museum. Will take between 10 and 12 youth, ages 12 – 17. Older ones mentor younger. Also on committee for Northern Lights Lantern Festival: looking for service providers and more volunteers.

Breana Dorey ([bdorey@phoenixyouth.ca](mailto:bdorey@phoenixyouth.ca)) – Phoenix. William Njoku, motivational speaker for youth, is booked for March 13 at Needham Centre. The presentation will be about two hours long and including stomping and rap. It's open for youth in North End/ HRM.

Every summer hire 21 youth to get employability skills.

Yoga for adults – 11 a.m., Fridays; 60 Jarvis Lane.

Tamsyn Brennan ([tamsyn.brennan@veithhouse.ns.ca](mailto:tamsyn.brennan@veithhouse.ns.ca)) – Veith House staff about to take mental health first aid. Being offered in Spryfield and Dartmouth. Funded by Capital Health but not in North End. Veith House serves those areas and so qualifies; it would be nice to offer program in North End at some point.

Social work student at Veith House, Beverly, is doing healthy living information sessions. Every Monday at 1:30 in February; free. Feb. 24: Physical activity on a budget. Feb. 28: Emotional and social health.

Natasha Handspiker ([Natasha@reboom.ca](mailto:Natasha@reboom.ca)) – looking to collaborate; people living in Northwood are from ages 17-107; it also serves 1600 community members. Northwood has meeting spaces that are available at a sliding scale, including a space with a bar.

Catherine MacDonald ([reverendcatherinemacdonald@gmail.com](mailto:reverendcatherinemacdonald@gmail.com)) – most food bank donations from the church go to Ward 5, but the church also has a small stock of emergency food. The church has a number of large meeting spaces available at a sliding scale; on Monday evenings, there's a space adjacent to a large kitchen. Wednesday nights are regularly booked.

Lynn Macdonald ([lynn.macdonald2@hrsb.ns.ca](mailto:lynn.macdonald2@hrsb.ns.ca)) - Still working to create an Opportunities Fund for kids in this neighbourhood. Rainbow Haven Fund used to be run by the Chronicle-Herald until it was wound down; a provincial fund, it used to pay for weeklong camps. As a school social worker, it was very useful and straightforward. Had a first meeting a week ago, and a second meeting will happen Feb. 11. Basically we need an organization to sponsor it and administer it. A possibility is the Children's Aid Society Foundation (concerns re. stigma associated with name).

Possibility suggested: could a social enterprise be matched with it?

Breana Dorey ([bdorey@phoenixyouth.ca](mailto:bdorey@phoenixyouth.ca)) - Connecting youth with Dr. Lena's trade pipeline (<https://www.facebook.com/TradesPipeline>). One youth has already secured a full-time job as a result. The program includes classroom work and time with tradespeople. There are opportunities.

Also have four high school age junior leaders who are getting stipends.

Collaborating with Our Time Café run by Elizabeth Fry, which caters for Shannex.

Jennifer Watts ([wattsj@halifax.ca](mailto:wattsj@halifax.ca)) - HRM councilor, District 8. HRM is sponsoring a ANS program for summer employment; several evenings - but for North End youth it's Tues, Feb. 18, George Dixon, 6:30 - 9. Targetted to young adults and youth who might be interested in employment with HRM;

Community gardens - HRM land is available through a process; details are on the website.

Community grants program - \$5000/ \$25,000 March 31<sup>st</sup> deadline. If you might be interested, look at the book. Contact the staff person. They will help you write it so you meet the criteria. Funding usually kicks in around June/ July.

Covers support for gardens, accessibility; etc.

Shelina Gordon - ([shelina\\_gordon@yahoo.com](mailto:shelina_gordon@yahoo.com))

Apart from health board, also works as clinical/community based health researcher. With the North End Matters project, they recruited 12 participants who envisioned what a health community looks like. That will result in a CHIAT - a health assessment tool that empowers residents.

Working with ANS and M'ikmaw communities on Time to Clear the Air - an art-based project about how the environment affects health.

Lisa Roberts ([necchalifax@gmail.com](mailto:necchalifax@gmail.com)) - the North End Community Circle hosts evening events for north end residents, most often with food and children welcome. Our next event is a community potluck with hosted conversations on Feb. 19, 5 - 7 p.m., at Shambhala School on Russell St.

Natasha Handspiker ([Natasha@reboom.ca](mailto:Natasha@reboom.ca))– Northwood doesn't charge community groups for meetings; evenings and weekends; there's an adult day centre with a kitchen.

Lisa Davis ([lisa.davis@communityjusticesociety.org](mailto:lisa.davis@communityjusticesociety.org))– restorative justice case worker for CJS covering Central Halifax, Spryfield, Herring Cove and the Sambro loop. Works with youth referred by police, crown, judge or corrections. Brings together a youth with support circle with victim and community; discusses impacts of crime; how to move forward. Benefits for youth: charges withdrawn, chance to show other people that they're not defined by that one moment. Benefits for victims too.

Looking for placements for Community Service hours; tries to place them where crime occurred, where they live. If your organization is open to that, please be in touch. Would like to match youth up with their interest, what they're good at, to make a decent match.

Jayme Melrose ([gardendoula@gmail.com](mailto:gardendoula@gmail.com)) – Urban Farm. Two main components – market garden and community garden. Market garden: big long rows; hired a farmer for Tues-Friday; produced 1600 lbs of food. (Hope Blooms produced 3000 lbs of food!) This year will grow for Parker St. food bank; also hoping to wholesale and retail. Will have a flower farm. If anyone knows someone with plants, the farm is looking for divisions; last year, accepted work placements from organizations and also group scheduled visits/ work placement. The best time to just drop by to check it out is when the hosts work, 3- 6 p.m. Also hope to have a pop-up market stand on Friday afternoons.

Discussion of need (?) for grocery store in far North End; NSLC now in old grocery location.

HRM Food Strategy group – not permanent but options for healthy food.

Will – Aimee is involved; doing data collection – asset mapping; will be having community consultation events; what is it we need in our community? Community Carrot Co-op – might it grow? Has taken a lot of work; will depend on how well it's supported. It is a business venture.